



**USA TEAM GIRLS & BOYS
SCHOOL YEAR SCHEDULES
AUGUST 1, 2016 – MAY 20, 2017**

omegagym.org

GIRLS:

LEVELS 4/5 USA

Monday 4:00 - 7:00 p.m.
Tuesday 4:00 - 7:00 p.m.
Wednesday 6:15 - 9:15 p.m.
Saturday 11:30 a.m. - 2:30 p.m.
12 hrs./wk.*

LEVEL 7 USA

Monday 4:00 - 7:00 p.m.
Wednesday 6:15 - 9:15 p.m.
Friday 4:00 - 7:00 p.m.
Saturday 9:00 a.m. - 12:00 p.m.
12 hrs./wk.*

**Optional Bars Class - Saturday 7:30 - 9:00 a.m.
13½ hrs./wk.***

LEVELS 8, 9 & 10 USA

Monday 6:00 - 9:30 p.m.
Tuesday 6:15 - 9:30 p.m.
Wednesday : 4:00 - 7:00 p.m.
Thursday
Group 1 4:00 - 7:00 p.m.
Group 2 6:30 - 9:30 p.m.
Friday 4:00 - 7:30 p.m.
16¼ hrs./wk.*

**Optional Bars Class - Saturday 7:30 - 9:00 a.m.
17¾ hrs./wk.***

BOYS:

LEVEL 5 USA

Monday 5:00 - 8:00 p.m.
Tuesday 6:00 - 9:00 p.m.
Thursday 4:00 - 7:00 p.m.
9 hrs./wk.*

LEVEL 6 USA

Monday 5:00 - 8:00 p.m.
Tuesday 6:00 - 9:00 p.m.
Thursday 4:00 - 7:00 p.m.
Friday 4:30 - 7:30 p.m.**
**** (Opt. 4th day)
9 hrs./wk.*
12 hrs./wk.***

LEVEL 7 USA

Monday 5:00 - 8:00 p.m.
Tuesday 6:00 - 9:00 p.m.
Thursday 6:30 - 9:30 p.m.
Saturday 7:30 - 10:30 a.m.
12 hrs./wk.*

OPTIONAL BOYS USA

Monday 5:00 - 8:00 p.m.
Tuesday 6:00 - 9:00 p.m.
Thursday 6:30 - 9:30 p.m.
Friday 4:30 - 7:30 p.m.
Saturday 7:30 - 10:30 a.m.
15 hrs./wk.*

*** Students may add a tumbling class for at an additional cost.**

ALL FEES ARE TO BE PAYABLE TO KIDS